

# A Guide to Transitioning to Pepticate™

**For most infants, changing from one formula to another is simple and doesn't require a "transition period."** However, for some children a change in taste – such as a move from another infant formula to Pepticate – can present a challenge. Also, some children starting Pepticate may be new to formula – for instance transitioning from breast milk to Pepticate.

## WHAT IS FADING?

- Fading involves gradually mixing a new formula with something familiar to the child, like breast milk or another formula, and slowly increasing the new formula's ratio. The aim is for the child to accept the new combination, even if they notice the difference.
- Some children transition slowly, while others adapt quickly. Each child has a unique pace, ranging from a few days to weeks. Use the methods below as a guide to fading, aiming for gradual progress.

**Work with your child's pediatrician or healthcare team to discuss this transition.** You may also call 1-800-365-7354, Monday - Friday, 8:30 am - 5:00 pm, ET to speak with a Nutrition Specialist.

## A GUIDE TO FADING:

If you are currently breastfeeding your baby, talk with your child's pediatrician or healthcare team on the best way to transition. Method 1 may be used for those babies who feed at the breast or who take expressed breast milk while Method 2 may be preferred for those babies who are comfortable drinking from a bottle or who drink expressed breast milk. Method 2 may difficult for those babies who do not like to drink from a bottle and prefer to breastfeed.

### METHOD 1:

#### FADE BY REPLACING FEEDINGS

Start by replacing several feedings of the original formula or breast milk with feedings of Pepticate on the first day.

Over a period of days, replace one additional feeding of the original formula or breast milk per day with Pepticate.





Day 1	Original formula or breast milk	3 feedings
	<b>Pepticate</b>	<b>Remainder</b>
Day 2	Original formula or breast milk	2 feedings
	<b>Pepticate</b>	<b>Remainder</b>
Day 3	Original formula or breast milk	1 feeding
	<b>Pepticate</b>	<b>Remainder</b>
Day 4	All feedings 100% <b>Pepticate</b>	

### METHOD 2:

#### FADE BY BLENDING IN THE BOTTLE

Start by mixing a small amount of Pepticate with original formula in a clean bottle.

- If the original formula is a powder, mix it separately following the directions on the can, before combining with Pepticate.
- If the baby is taking expressed milk, give the expressed milk in a bottle.
- Over a period of days, gradually increase the ratio of Pepticate to the original formula in the bottle.

DAY	Previous formula or expressed breast milk	Mixed formulas	Pepticate formula
DAY 1	<b>75%</b> Examples: 75% of a 4-ounce bottle is 3 fluid ounces 75% of a 6-ounce bottle is 4½ fluid ounces Child should take _____ fl oz		<b>25%</b> Examples: 25% of a 4-ounce bottle is 1 fluid ounce 25% of a 6-ounce bottle is 1½ fluid ounces Child should take _____ fl oz
DAY 2	<b>50%</b> Child should take _____ fl oz		<b>50%</b> Child should take _____ fl oz
DAY 3	<b>25%</b> Child should take _____ fl oz		<b>75%</b> Child should take _____ fl oz
DAY 4	<b>None</b>		<b>100%</b> Child should take _____ fl oz



1-800-365-7354 • [Pepticate.com](https://www.Pepticate.com)

Nutricia North America supports the use of breast milk wherever possible. Pepticate™ is a hypoallergenic, extensively hydrolyzed infant formula for use under medical supervision and is indicated for cow milk allergy. Talk to your provider about product recommendations. Brought to you by Nutricia North America © 2024 Nutricia North America

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