

# COW MILK ALLERGY IN INFANCY (0-12 months)

## Dietary Management Flow Chart

AAF = amino acid-based formula; eHF = extensively hydrolyzed formula; HCP = healthcare professional. This flow chart is intended to be used as a reference for healthcare professionals when managing patients with cow milk allergy as a **primary** diagnosis. Monitor growth, nutritional status, and micronutrient status.

Eliminate cow milk protein from the diet.<sup>1-3</sup> Refer to a dietitian for nutritional counseling and monitoring.<sup>1-3,6</sup>

IS FORMULA NEEDED?

NO

Continue with elimination diet and breast milk as appropriate.<sup>1-7\*</sup> Monitor growth, nutritional status, and micronutrient status.

YES

DOES PATIENT MEET ANY RISK FACTORS FOR FIRST LINE USE OF AAF?

- AT RISK OF ANAPHYLAXIS?<sup>1-3,5</sup>
- DIAGNOSED WITH EoE?<sup>1-3,5</sup>
- POOR GROWTH ESPECIALLY WITH MULTIPLE FOOD ELIMINATIONS<sup>5</sup> AND/OR GI TRACT/SKIN SYMPTOMS?<sup>3,5,6</sup>

NO

Trial an eHF<sup>5†</sup>, as a sole source or supplement to breast milk and/or complimentary foods.<sup>1‡</sup>

YES

AAF as sole source or supplement or breast milk and/or complimentary food.

**PEPTICATE™:**  
#1 eHF in Europe<sup>5</sup>



Pepticate™

SYMPTOMS FULLY RESOLVED ON eHF WITHIN ~2-4 WEEKS?<sup>2,3,5</sup>

YES

Continue with eHF. Monitor growth, nutritional status, and micronutrient status.

NO

**NEOCATE®:**  
#1 BRAND OF AAF WORLDWIDE



Neocate® Syneo® Infant

Neocate® Infant DHA/ARA

Neocate® Nutra<sup>5</sup>

Individual needs as directed by HCP.

<sup>5</sup>Neocate Nutra is a hypoallergenic semi-solid food - not suitable as sole source of nutrition.

**Nutricia North America supports the use of breast milk wherever possible.**

**Neocate® is a family of hypoallergenic, amino acid-based medical foods for use under medical supervision and is indicated for cow milk allergy, multiple food allergies and related GI and allergic conditions.**

**Pepticate™ is a hypoallergenic, extensively hydrolyzed infant formula for use under medical supervision and is indicated for cow milk allergy.**

\*May include maternal elimination diet if breastfeeding and patient continues to react.<sup>2,3</sup> Maternal elimination diet should always be conducted under medical supervision. Maternal vitamin and mineral supplementation should be considered<sup>1-3</sup> and diet should be monitored for nutritional adequacy.<sup>2</sup>

†In settings where the cost of an AAF is lower, the use of an AAF may be equally reasonable.<sup>1</sup>

‡Soy formula can be recommended as a third choice for patients without soy allergy and > 6 months of age.<sup>1</sup>

§Based on annual sales data, dated 9/28/22.

**References:** **1.** Fiocchi A, et al. 2010;21 Suppl 21:1-125. **2.** Koletzko S, et al. J Pediatr Gastroenterol Nutr. 2012;55:221-9. **3.** Venter C, et al. Clin Transl Allergy. 2013;3:23. **4.** Muraro, et al. World Allergy Organ J. 2022;15:100687. **5.** Meyer, et al. J Allergy Clin Immunol Pract. 2018;6:383-99. **6.** Ludman S, et al. BMJ. 2013;347:f5424. **7.** Vandenplas Y, et al. Arch Dis Child. 2007;92:902-8.



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