

Does my baby have cow milk allergy (CMA) – and how can a healthcare provider help me manage it?



CMA is the **most common food allergy** in infancy.



CMA affects roughly **75,000 infants each year** in the U.S.

There are a number of signs of cow milk allergy (CMA). Although they could be related to other conditions, and may not necessarily be caused by CMA, be sure to let your child's healthcare provider know which of these symptoms your child has been struggling with.



Gastrointestinal

Diarrhea, constipation, blood and/or mucus in the stool, abdominal pain, vomiting, reflux, excessive spitting-up, persistent gassiness



Behavioral

Excessive fussiness, sleeplessness, colic



Respiratory

Trouble breathing, wheezing, anaphylaxis (rare)



Skin

Hives, atopic dermatitis (eczema), other unexplained rashes



Growth/development issues

Poor weight gain, poor growth

A healthcare provider will diagnose your child's condition and make recommendations to help manage their symptoms. But you play an important role in the process, too. Coming prepared with topics you want to discuss can help you make the most of your time together.



Questions to ask your healthcare provider about diagnosing and managing CMA:

Could my baby have a cow milk allergy (CMA)?

How can we reach an official diagnosis?

What can be done in the meantime?

Once diagnosed, what are my options for managing cow milk allergy (CMA)?

Can I continue breastfeeding?

Will my baby outgrow his/her cow milk allergy (CMA)?


Could my baby be at risk of missing out on any important nutrients as a result of dietary changes?

Find relief, with Pepticate

Fortunately, cow milk allergy (CMA) can be managed by removing cow milk protein from the maternal diet for breastfed babies, or by using a hypoallergenic formula like Pepticate. When breastfeeding is not possible, your healthcare provider may recommend Pepticate to provide relief from the pain.

 Clinically-tested hypoallergenic

 Effectively manages CMA symptoms

 Shown to reduce the prevalence of atopic dermatitis and colic in infants with CMA

 Nutritionally complete

 Well-tolerated in infants with CMA

 Supports growth

Pepticate also contains a blend of breast milk-inspired components, to help give you the peace of mind.



Lactose

For a great tasting hypoallergenic formula



Prebiotic fiber

To support infant digestive health & immune system development



Nucleotides

For immune system support



DHA/ARA

To promote brain & eye development



Questions to ask your healthcare provider about Pepticate:

Can Pepticate bring relief for my baby?

How much Pepticate will my baby have to drink each day?

How do I transition my baby to Pepticate?

How will we know that Pepticate is working?

How long will my baby need Pepticate?

Easy ways to get Pepticate

If a healthcare provider has diagnosed your child with a cow milk allergy (CMA) and recommended Pepticate, there are a number of convenient ways to purchase:



Order directly from Pepticate.com



Buy on Amazon



Available through many major pharmacies

Pepticate™ is a hypoallergenic, extensively hydrolyzed infant formula for use under medical supervision and is indicated for cow milk allergy in infants from birth to 12 months.

Nutricia North America supports the use of breast milk wherever possible.

To learn more, visit [Pepticate.com](https://www.pepticate.com) or call a Pepticate nutrition specialist at 1-800-365-7354.

